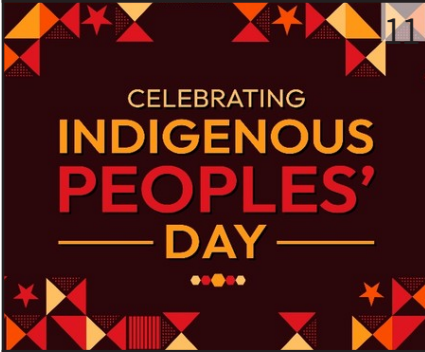


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Exercise 1:00 Hand & Foot 6:00 Sheepshead	2 9:00 Exercise 10:00 Coffee 10:00 Flu & Covid Clinic 6:00 Sheepshead	3 1:00 Hand & Foot
4 	5 9:00 Exercise 2:00 Arts & Crafts 6:00 Hand & Foot	6 9:00 Exercise 1:00 Penny Bingo 6:00 Sheepshead	7 9:00 Stretching 10:00 Fire Alarm Testing 6:00 Wine Down	8 9:00 Chair Yoga 1:30 Pumpkin Decorating 6:00 Sheepshead	9 9:00 Exercise 10:00 Coffee 1:00 Communion 6:00 Sheepshead	10 10:00 Book Club 1:00 Hand & Foot
11 	12 Columbus Day Indigenous Peoples' Day 9:00 Exercise 2:00 Arts & Crafts 6:00 Hand & Foot	13 9:00 Exercise 1:00 Hand & Foot 6:00 Sheepshead	14 9:00 Stretching 1:00 Board Game Day 6:00 Night Bingo	15 9:00 Exercise 1:00 Hand & Foot 4:30 Dinner 6:00 Sheepshead	16 9:00 Exercise 10:00 Coffee 4:00 Sunsetters 6:00 Sheepshead	17 1:00 Hand & Foot
18 	19 9:00 Exercise 2:00 Arts & Crafts 6:00 Hand & Foot	20 9:00 Exercise 1:00 Penny Bingo 6:00 Sheepshead	21 9:00 Stretching 2:00 Birthday Treat	22 9:00 Exercise 1:00 Hand & Foot 6:00 Sheepshead	23 9:00 Exercise 10:00 Morning Mingle w/Lisa 6:00 Sheepshead	24 1:00 Hand & Foot
25 	26 9:00 Exercise 2:00 Arts & Crafts 6:00 Hand & Foot	27 9:00 Exercise 1:30 Swap n Shop 6:00 Sheepshead	28 OFFICE CLOSED 9:00 Stretching 6:00 Night Bingo	29 9:00 Exercise 10:00 Previas Health 1:00 Hand & Foot 6:00 Sheepshead	30 9:00 No Exercise or Coffee Today 12:30 Spooktacular Lunch 6:00 Sheepshead	31 Halloween 1:00 Hand & Foot